

## 1. Uitslag Pupillen 500 meter

| Pos | Naam                | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|---------------------|-----|------|------|---------|------|--------|
| 1   | 1 Laurena van Doorn | DPA | 8    | O    | 46.84   |      |        |
| 2   | 4 Tara Fijten       | DPB | 8    | I    | 50.90   | PR   |        |
| 3   | 47 Puck Langeslag   | DPA | 7    | O    | 54.33   | PR   |        |
| 4   | 8 Jens Bijl         | HPC | 6    | O    | 1:04.32 |      |        |
| 5   | 28 Yenthe Bootsman  | DPC | 4    | I    | 1:04.68 | PR   |        |
| 6   | 42 Lars Meijer      | HPA | 2    | O    | 1:04.82 |      |        |
| 7   | 5 Siem Terpstra     | HPB | 5    | I    | 1:05.99 |      |        |
| 8   | 46 Saar Langeslag   | DPC | 6    | I    | 1:06.23 |      |        |
| 9   | 26 Jason Bakker     | HPB | 3    | I    | 1:10.02 | PR   |        |
| 10  | 51 Luna Hoogendoorn | DC1 | 7    | I    | 1:11.31 |      |        |
| 11  | 3 Iris Fijten       | DPC | 5    | O    | 1:13.30 |      |        |
| 12  | 38 Jacinda Aukes    | DPB | 2    | I    | 1:13.62 |      |        |
| 13  | 52 Ilse Hoogendoorn | DPB | 4    | O    | 1:13.65 |      |        |
| 14  | 54 Aiden Currie     | HPC | 3    | O    | 1:15.96 | PR   |        |
|     | 16 Jente Noordijk   | DPA |      |      | WDR     |      |        |

## 1. Rituitslag Pupillen 500 meter

|   |    | Naam                | Cat             | PR      | Tijd              | Info |
|---|----|---------------------|-----------------|---------|-------------------|------|
| 1 | wt | 16 Jente Noordijk   | DPA             | 1:00.19 | <b>WDR</b>        |      |
|   | rd |                     |                 |         |                   |      |
|   |    | Jente Noordijk      |                 |         |                   |      |
|   |    |                     |                 |         | m                 |      |
|   |    | Naam                | Cat             | PR      | Tijd              | Info |
| 2 | gl | 38 Jacinda Aukes    | DPB             |         | <b>1:13.62</b>    |      |
|   | bl | 42 Lars Meijer      | HPA             |         | <b>1:04.82</b>    |      |
|   |    | Jacinda Aukes       |                 |         |                   |      |
|   |    |                     |                 |         |                   |      |
|   |    | 100m                | 16.22 (16.22)   |         |                   |      |
|   |    | 500m                | 1:13.62 (57.40) |         |                   |      |
|   |    | Lars Meijer         |                 |         |                   |      |
|   |    |                     |                 |         |                   |      |
|   |    | 100m                | 14.90 (14.90)   |         |                   |      |
|   |    | 500m                | 1:04.82 (49.92) |         |                   |      |
|   |    | Naam                | Cat             | PR      | Tijd              | Info |
| 3 | wt | 26 Jason Bakker     | HPB             | 1:20.35 | <b>1:10.02</b> PR |      |
|   | rd | 54 Aiden Currie     | HPC             | 1:23.49 | <b>1:15.96</b> PR |      |
|   |    | Jason Bakker        |                 |         |                   |      |
|   |    |                     |                 |         |                   |      |
|   |    | 100m                | 15.39 (15.39)   |         |                   |      |
|   |    | 500m                | 1:10.02 (54.63) |         |                   |      |
|   |    | Aiden Currie        |                 |         |                   |      |
|   |    |                     |                 |         |                   |      |
|   |    | 100m                | 15.78 (15.78)   |         |                   |      |
|   |    | 500m                | 1:15.96 (60.18) |         |                   |      |
|   |    | Naam                | Cat             | PR      | Tijd              | Info |
| 4 | gl | 28 Yenthe Bootsman  | DPC             | 1:08.85 | <b>1:04.68</b> PR |      |
|   | bl | 52 Ilse Hoogendoorn | DPB             |         | <b>1:13.65</b>    |      |
|   |    | Yenthe Bootsman     |                 |         |                   |      |
|   |    |                     |                 |         |                   |      |
|   |    | 100m                | 14.74 (14.74)   |         |                   |      |
|   |    | 500m                | 1:04.68 (49.94) |         |                   |      |
|   |    | Ilse Hoogendoorn    |                 |         |                   |      |
|   |    |                     |                 |         |                   |      |
|   |    | 100m                | 16.31 (16.31)   |         |                   |      |
|   |    | 500m                | 1:13.65 (57.34) |         |                   |      |
|   |    | Naam                | Cat             | PR      | Tijd              | Info |
| 5 | wt | 5 Siem Terpstra     | HPB             | 1:03.16 | <b>1:05.99</b>    |      |
|   | rd | 3 Iris Fijten       | DPC             | 1:03.15 | <b>1:13.30</b>    |      |
|   |    | Siem Terpstra       |                 |         |                   |      |
|   |    |                     |                 |         |                   |      |
|   |    | 100m                | 14.38 (14.38)   |         |                   |      |
|   |    | 500m                | 1:05.99 (51.61) |         |                   |      |
|   |    | Iris Fijten         |                 |         |                   |      |
|   |    |                     |                 |         |                   |      |
|   |    | 100m                | 14.71 (14.71)   |         |                   |      |
|   |    | 500m                | 1:13.30 (58.59) |         |                   |      |

|   |    | Naam |                   | Cat             |                   | PR              | Tijd           | Info |
|---|----|------|-------------------|-----------------|-------------------|-----------------|----------------|------|
| 6 | gl | 46   | Saar Langeslag    | DPC             |                   | 1:05.42         | <b>1:06.23</b> |      |
|   | bl | 8    | Jens Bijl         | HPC             |                   | 1:04.27         | <b>1:04.32</b> |      |
|   |    |      | Saar Langeslag    |                 | Jens Bijl         |                 |                |      |
|   |    |      | 100m              | 15.39 (15.39)   | 100m              | 14.17 (14.17)   |                |      |
|   |    |      | 500m              | 1:06.23 (50.84) | 500m              | 1:04.32 (50.15) |                |      |
|   |    |      |                   |                 |                   |                 |                |      |
|   |    | Naam |                   | Cat             |                   | PR              | Tijd           | Info |
| 7 | wt | 51   | Luna Hoogendoorn  | DC1             |                   |                 | <b>1:11.31</b> |      |
|   | rd | 47   | Puck Langeslag    | DPA             |                   | 1:00.75         | <b>54.33</b>   | PR   |
|   |    |      | Luna Hoogendoorn  |                 | Puck Langeslag    |                 |                |      |
|   |    |      | 100m              | 15.81 (15.81)   | 100m              | 13.98 (13.98)   |                |      |
|   |    |      | 500m              | 1:11.31 (55.50) | 500m              | 54.33 (40.35)   |                |      |
|   |    |      |                   |                 |                   |                 |                |      |
|   |    | Naam |                   | Cat             |                   | PR              | Tijd           | Info |
| 8 | gl | 4    | Tara Fijten       | DPB             |                   | 52.61           | <b>50.90</b>   | PR   |
|   | bl | 1    | Laurena van Doorn | DPA             |                   | 45.82           | <b>46.84</b>   |      |
|   |    |      | Tara Fijten       |                 | Laurena van Doorn |                 |                |      |
|   |    |      | 100m              | 13.25 (13.25)   | 100m              | 12.51 (12.51)   |                |      |
|   |    |      | 500m              | 50.90 (37.65)   | 500m              | 46.84 (34.33)   |                |      |



# Clubkampioenschap Nut en Vermaak & Blauwe Beugel

IJsbaan Haarlem - Haarlem

## 2. Uitslag Junioren C t/m Masters 500 meter

---



| Pos | Naam                     | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|--------------------------|-----|------|------|---------|------|--------|
| 1   | 30 Luke Kooij            | HSA | 28   | I    | 40.66   | PR   |        |
| 2   | 33 Niels Rewijk          | HN2 | 27   | I    | 41.30   | PR   |        |
| 3   | 48 Björn Stoltenborg     | HSB | 28   | O    | 44.00   |      |        |
| 4   | 36 Zhara Möllers         | DA1 | 27   | O    | 44.30   |      |        |
| 5   | 41 Kai Hagedoorn         | HSA | 24   | I    | 44.55   |      |        |
| 6   | 55 Jelle de Bock         | HB2 | 26   | O    | 44.64   |      |        |
| 7   | 60 Marino Godwaldt       | HA1 | 25   | I    | 44.93   |      |        |
| 8   | 59 Mark Rewijk           | HSB | 23   | O    | 44.95   |      |        |
| 9   | 34 Tim Rewijk            | HN3 | 25   | O    | 45.49   |      |        |
| 10  | 24 Roeland van der Hoorn | HSA | 26   | I    | 46.19   |      |        |
| 11  | 45 Jeffrey van der Zeeuw | HSA | 20   | I    | 47.21   | PR   |        |
| 12  | 40 Jeroen Rewijk         | HSB | 23   | I    | 47.22   |      |        |
| 13  | 20 Cock Baas             | H60 | 24   | O    | 48.16   |      |        |
| 14  | 62 Reinier Regter        | HN4 | 21   | O    | 48.25   | PR   |        |
| 15  | 2 Esmee Bijl             | DC1 | 22   | O    | 48.38   | PR   |        |
| 16  | 63 Remco Gerritsen       | H60 | 22   | I    | 48.68   |      |        |
| 17  | 9 Vincent Lankamp        | HB1 | 21   | I    | 48.87   |      |        |
| 18  | 57 Loena Visser          | DSA | 20   | O    | 49.22   |      |        |
| 19  | 18 Rocco Heuzen          | HB2 | 16   | O    | 49.93   | PR   |        |
| 20  | 32 Raymond Roos          | H50 | 19   | O    | 51.00   | PR   |        |
| 21  | 7 Dione Dompeling        | DB1 | 14   | O    | 51.29   |      |        |
| 22  | 15 Robert van der Zwaan  | H55 | 17   | I    | 51.60   | PR   |        |
| 23  | 35 Johan Boere           | H45 | 18   | I    | 51.67   |      |        |
| 24  | 23 Roelle de Koning      | DSA | 16   | I    | 51.99   |      |        |
| 25  | 14 Dana de Bruin         | DB2 | 17   | O    | 52.58   | PR   |        |
| 26  | 58 Peter Paul Adriaansen | H55 | 18   | O    | 53.91   |      |        |
| 27  | 11 Kees de Koning        | H60 | 10   | I    | 55.83   |      |        |
| 28  | 56 Senna Ravestijn       | DB1 | 9    | I    | 55.87   |      |        |
| 29  | 13 Wendy Straathof       | DSB | 14   | I    | 55.92   |      |        |
| 30  | 39 Paul Knelange         | H65 | 19   | I    | 56.70   |      |        |
| 31  | 61 Linde Visser          | DA2 | 13   | I    | 57.30   | PR   |        |
| 32  | 21 Angela van Wijk       | D55 | 15   | O    | 57.53   |      |        |
| 33  | 29 Gemma Eikelenboom     | DC2 | 12   | O    | 57.96   | PR   |        |
| 34  | 31 Jaap Tanis            | H70 | 15   | I    | 58.66   |      |        |
| 35  | 25 Mara Nummerdor        | DC2 | 12   | I    | 1:00.24 |      |        |
| 36  | 43 Tijn Meijer           | HC1 | 11   | O    | 1:02.73 | PR   |        |
| 37  | 44 Chris Kempenaar       | H70 | 13   | O    | 1:04.40 |      |        |
| 38  | 27 Ilsa Koek             | DB1 | 11   | I    | 1:05.46 | PR   |        |
| 39  | 17 Carla Engele          | D60 | 10   | O    | 1:15.46 |      |        |

## 2. Rituitslag Junioren C t/m Masters 500 meter

|    |    | Naam                 | Cat                  | PR      | Tijd    | Info |
|----|----|----------------------|----------------------|---------|---------|------|
| 9  | wt | 56 Senna Ravestijn   | DB1                  |         | 55.87   |      |
|    | rd |                      |                      |         |         |      |
|    |    | Senna Ravestijn      |                      |         |         |      |
|    |    | 100m 14.31 (14.31)   | m                    |         |         |      |
|    |    | 500m 55.87 (41.56)   |                      |         |         |      |
|    |    |                      |                      |         |         |      |
|    |    | Naam                 | Cat                  | PR      | Tijd    | Info |
| 10 | gl | 11 Kees de Koning    | H60                  | 50.62   | 55.83   |      |
|    | bl | 17 Carla Engele      | D60                  | 1:04.16 | 1:15.46 |      |
|    |    | Kees de Koning       |                      |         |         |      |
|    |    | 100m 14.55 (14.55)   | 100m 20.22 (20.22)   |         |         |      |
|    |    | 500m 55.83 (41.28)   | 500m 1:15.46 (55.24) |         |         |      |
|    |    |                      |                      |         |         |      |
|    |    | Naam                 | Cat                  | PR      | Tijd    | Info |
| 11 | wt | 27 Ilsa Koek         | DB1                  | 1:07.24 | 1:05.46 | PR   |
|    | rd | 43 Tijn Meijer       | HC1                  | 1:10.28 | 1:02.73 | PR   |
|    |    | Ilsa Koek            |                      |         |         |      |
|    |    | 100m 15.26 (15.26)   | 100m 15.63 (15.63)   |         |         |      |
|    |    | 500m 1:05.46 (50.20) | 500m 1:02.73 (47.10) |         |         |      |
|    |    |                      |                      |         |         |      |
|    |    | Naam                 | Cat                  | PR      | Tijd    | Info |
| 12 | gl | 25 Mara Nummerdor    | DC2                  | 59.62   | 1:00.24 |      |
|    | bl | 29 Gemma Eikelenboom | DC2                  | 1:11.77 | 57.96   | PR   |
|    |    | Mara Nummerdor       |                      |         |         |      |
|    |    | 100m 14.16 (14.16)   | 100m 14.56 (14.56)   |         |         |      |
|    |    | 500m 1:00.24 (46.08) | 500m 57.96 (43.40)   |         |         |      |
|    |    |                      |                      |         |         |      |
|    |    | Naam                 | Cat                  | PR      | Tijd    | Info |
| 13 | wt | 61 Linde Visser      | DA2                  | 1:00.83 | 57.30   | PR   |
|    | rd | 44 Chris Kempenaar   | H70                  | 51.50   | 1:04.40 |      |
|    |    | Linde Visser         |                      |         |         |      |
|    |    | 100m 14.56 (14.56)   | 100m 16.85 (16.85)   |         |         |      |
|    |    | 500m 57.30 (42.74)   | 500m 1:04.40 (47.55) |         |         |      |

|                             |    | Naam                            | Cat                          | PR    | Tijd          | Info |
|-----------------------------|----|---------------------------------|------------------------------|-------|---------------|------|
| 14                          | gl | 13 <b>Wendy Straathof</b>       | DSB                          | 51.17 | <b>55.92</b>  |      |
|                             | bl | 7 <b>Dione Dompeling</b>        | DB1                          | 50.79 | <b>51.29</b>  |      |
| <b>Wendy Straathof</b>      |    |                                 | <b>Dione Dompeling</b>       |       |               |      |
|                             |    | 100m                            | 14.56 (14.56)                | 100m  | 13.59 (13.59) |      |
|                             |    | 500m                            | 55.92 (41.36)                | 500m  | 51.29 (37.70) |      |
|                             |    | Naam                            | Cat                          | PR    | Tijd          | Info |
| 15                          | wt | 31 <b>Jaap Tanis</b>            | H70                          | 48.84 | <b>58.66</b>  |      |
|                             | rd | 21 <b>Angela van Wijk</b>       | D55                          | 48.41 | <b>57.53</b>  |      |
| <b>Jaap Tanis</b>           |    |                                 | <b>Angela van Wijk</b>       |       |               |      |
|                             |    | 100m                            | 15.60 (15.60)                | 100m  | 15.29 (15.29) |      |
|                             |    | 500m                            | 58.66 (43.06)                | 500m  | 57.53 (42.24) |      |
|                             |    | Naam                            | Cat                          | PR    | Tijd          | Info |
| 16                          | gl | 23 <b>Roelle de Koning</b>      | DSA                          | 49.91 | <b>51.99</b>  |      |
|                             | bl | 18 <b>Rocco Heuzen</b>          | HB2                          | 55.13 | <b>49.93</b>  | PR   |
| <b>Roelle de Koning</b>     |    |                                 | <b>Rocco Heuzen</b>          |       |               |      |
|                             |    | 100m                            | 14.02 (14.02)                | 100m  | 12.96 (12.96) |      |
|                             |    | 500m                            | 51.99 (37.97)                | 500m  | 49.93 (36.97) |      |
|                             |    | Naam                            | Cat                          | PR    | Tijd          | Info |
| 17                          | wt | 15 <b>Robert van der Zwaan</b>  | H55                          | 52.30 | <b>51.60</b>  | PR   |
|                             | rd | 14 <b>Dana de Bruin</b>         | DB2                          | 53.07 | <b>52.58</b>  | PR   |
| <b>Robert van der Zwaan</b> |    |                                 | <b>Dana de Bruin</b>         |       |               |      |
|                             |    | 100m                            | 14.25 (14.25)                | 100m  | 13.73 (13.73) |      |
|                             |    | 500m                            | 51.60 (37.35)                | 500m  | 52.58 (38.85) |      |
|                             |    | Naam                            | Cat                          | PR    | Tijd          | Info |
| 18                          | gl | 35 <b>Johan Boere</b>           | H45                          | 48.33 | <b>51.67</b>  |      |
|                             | bl | 58 <b>Peter Paul Adriaansen</b> | H55                          | 52.62 | <b>53.91</b>  |      |
| <b>Johan Boere</b>          |    |                                 | <b>Peter Paul Adriaansen</b> |       |               |      |
|                             |    | 100m                            | 14.41 (14.41)                | 100m  | 14.39 (14.39) |      |
|                             |    | 500m                            | 51.67 (37.26)                | 500m  | 53.91 (39.52) |      |

|                       |    | Naam                            | Cat            | PR    | Tijd          | Info |
|-----------------------|----|---------------------------------|----------------|-------|---------------|------|
| 19                    | wt | 39 <b>Paul Knelange</b>         | H65            | 48.27 | <b>56.70</b>  |      |
|                       | rd | 32 <b>Raymond Roos</b>          | H50            | 51.67 | <b>51.00</b>  | PR   |
| Paul Knelange         |    |                                 | Raymond Roos   |       |               |      |
|                       |    | 100m                            | 14.83 (14.83)  | 100m  | 14.13 (14.13) |      |
|                       |    | 500m                            | 56.70 (41.87)  | 500m  | 51.00 (36.87) |      |
|                       |    | Naam                            | Cat            | PR    | Tijd          | Info |
| 20                    | gl | 45 <b>Jeffrey van der Zeeuw</b> | HSA            | 49.01 | <b>47.21</b>  | PR   |
|                       | bl | 57 <b>Loena Visser</b>          | DSA            | 48.27 | <b>49.22</b>  |      |
| Jeffrey van der Zeeuw |    |                                 | Loena Visser   |       |               |      |
|                       |    | 100m                            | 12.46 (12.46)  | 100m  | 13.48 (13.48) |      |
|                       |    | 500m                            | 47.21 (34.75)  | 500m  | 49.22 (35.74) |      |
|                       |    | Naam                            | Cat            | PR    | Tijd          | Info |
| 21                    | wt | 9 <b>Vincent Lankamp</b>        | HB1            | 48.21 | <b>48.87</b>  |      |
|                       | rd | 62 <b>Reinier Regter</b>        | HN4            | 48.30 | <b>48.25</b>  | PR   |
| Vincent Lankamp       |    |                                 | Reinier Regter |       |               |      |
|                       |    | 100m                            | 12.83 (12.83)  | 100m  | 12.34 (12.34) |      |
|                       |    | 500m                            | 48.87 (36.04)  | 500m  | 48.25 (35.91) |      |
|                       |    | Naam                            | Cat            | PR    | Tijd          | Info |
| 22                    | gl | 63 <b>Remco Gerritsen</b>       | H60            | 44.55 | <b>48.68</b>  |      |
|                       | bl | 2 <b>Esmee Bijl</b>             | DC1            | 49.32 | <b>48.38</b>  | PR   |
| Remco Gerritsen       |    |                                 | Esmee Bijl     |       |               |      |
|                       |    | 100m                            | 13.01 (13.01)  | 100m  | 12.49 (12.49) |      |
|                       |    | 500m                            | 48.68 (35.67)  | 500m  | 48.38 (35.89) |      |
|                       |    | Naam                            | Cat            | PR    | Tijd          | Info |
| 23                    | wt | 40 <b>Jeroen Rewijk</b>         | HSB            | 43.10 | <b>47.22</b>  |      |
|                       | rd | 59 <b>Mark Rewijk</b>           | HSB            | 42.41 | <b>44.95</b>  |      |
| Jeroen Rewijk         |    |                                 | Mark Rewijk    |       |               |      |
|                       |    | 100m                            | 11.86 (11.86)  | 100m  | 11.96 (11.96) |      |
|                       |    | 500m                            | 47.22 (35.36)  | 500m  | 44.95 (32.99) |      |



|    |    | Naam                     | Cat           | PR                | Tijd          | Info            |
|----|----|--------------------------|---------------|-------------------|---------------|-----------------|
| 24 | gl | 41 Kai Hagedoorn         | HSA           |                   |               | <b>44.55</b>    |
|    | bl | 20 Cock Baas             | H60           | 43.16             |               | <b>48.16</b>    |
|    |    | Kai Hagedoorn            |               | Cock Baas         |               |                 |
|    |    | 100m                     | 11.32 (11.32) | 100m              | 12.69 (12.69) |                 |
|    |    | 500m                     | 44.55 (33.23) | 500m              | 48.16 (35.47) |                 |
|    |    | Naam                     | Cat           | PR                | Tijd          | Info            |
| 25 | wt | 60 Marino Godwaldt       | HA1           | 43.58             |               | <b>44.93</b>    |
|    | rd | 34 Tim Rewijk            | HN3           | 45.35             |               | <b>45.49</b>    |
|    |    | Marino Godwaldt          |               | Tim Rewijk        |               |                 |
|    |    | 100m                     | 11.94 (11.94) | 100m              | 11.83 (11.83) |                 |
|    |    | 500m                     | 44.93 (32.99) | 500m              | 45.49 (33.66) |                 |
|    |    | Naam                     | Cat           | PR                | Tijd          | Info            |
| 26 | gl | 24 Roeland van der Hoorn | HSA           | 43.17             |               | <b>46.19</b>    |
|    | bl | 55 Jelle de Bock         | HB2           | 43.73             |               | <b>44.64</b>    |
|    |    | Roeland van der Hoorn    |               | Jelle de Bock     |               |                 |
|    |    | 100m                     | 12.22 (12.22) | 100m              | 11.96 (11.96) |                 |
|    |    | 500m                     | 46.19 (33.97) | 500m              | 44.64 (32.68) |                 |
|    |    | Naam                     | Cat           | PR                | Tijd          | Info            |
| 27 | wt | 33 Niels Rewijk          | HN2           | 41.46             |               | <b>41.30</b> PR |
|    | rd | 36 Zhara Möllers         | DA1           | 43.36             |               | <b>44.30</b>    |
|    |    | Niels Rewijk             |               | Zhara Möllers     |               |                 |
|    |    | 100m                     | 10.89 (10.89) | 100m              | 12.26 (12.26) |                 |
|    |    | 500m                     | 41.30 (30.41) | 500m              | 44.30 (32.04) |                 |
|    |    | Naam                     | Cat           | PR                | Tijd          | Info            |
| 28 | gl | 30 Luke Kooij            | HSA           | 40.77             |               | <b>40.66</b> PR |
|    | bl | 48 Björn Stoltenborg     | HSB           | 43.23             |               | <b>44.00</b>    |
|    |    | Luke Kooij               |               | Björn Stoltenborg |               |                 |
|    |    | 100m                     | 11.49 (11.49) | 100m              | 12.25 (12.25) |                 |
|    |    | 500m                     | 40.66 (29.17) | 500m              | 44.00 (31.75) |                 |

## 3. Uitslag Recreanten 500 meter

| Pos | Naam                   | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|------------------------|-----|------|------|---------|------|--------|
| 1   | 53 Jan Ravestijn       | H50 | 31   | I    | 51.66   |      |        |
| 2   | 50 Peter van der Stelt | H60 | 32   | I    | 53.09   |      |        |
| 3   | 37 Ed Vink             | H55 | 32   | O    | 55.34   |      |        |
| 4   | 49 Jan Bouterse        | H70 | 31   | O    | 1:06.61 |      |        |

## 3. Rituitslag Recreanten 500 meter

|    |    | Naam                   | Cat           | PR           | Tijd            | Info |
|----|----|------------------------|---------------|--------------|-----------------|------|
| 31 | wt | 53 Jan Ravestijn       | H50           |              | 51.66           |      |
|    | rd | 49 Jan Bouterse        | H70           |              | 1:06.61         |      |
|    |    | Jan Ravestijn          |               | Jan Bouterse |                 |      |
|    |    | 100m                   | 13.78 (13.78) | 100m         | 17.65 (17.65)   |      |
|    |    | 500m                   | 51.66 (37.88) | 500m         | 1:06.61 (48.96) |      |
|    |    |                        |               |              |                 |      |
|    |    | Naam                   | Cat           | PR           | Tijd            | Info |
| 32 | gl | 50 Peter van der Stelt | H60           |              | 53.09           |      |
|    | bl | 37 Ed Vink             | H55           |              | 55.34           |      |
|    |    | Peter van der Stelt    |               | Ed Vink      |                 |      |
|    |    | 100m                   | 14.41 (14.41) | 100m         | 15.08 (15.08)   |      |
|    |    | 500m                   | 53.09 (38.68) | 500m         | 55.34 (40.26)   |      |

## 4. Uitslag Pupillen 300 meter

| Pos | Naam                | Cat | Paar | Baan | Tijd         | Info | Punten |
|-----|---------------------|-----|------|------|--------------|------|--------|
| 1   | 4 Tara Fijten       | DPB | 38   | I    | <b>31.23</b> |      |        |
| 2   | 3 Iris Fijten       | DPC | 38   | O    | <b>38.53</b> |      |        |
| 3   | 28 Yenthe Bootsman  | DPC | 36   | O    | <b>39.21</b> | PR   |        |
| 4   | 5 Siem Terpstra     | HPB | 37   | I    | <b>39.46</b> |      |        |
| 5   | 8 Jens Bijl         | HPC | 37   | O    | <b>39.60</b> |      |        |
| 6   | 46 Saar Langeslag   | DPC | 36   | I    | <b>40.32</b> |      |        |
| 7   | 26 Jason Bakker     | HPB | 35   | O    | <b>41.78</b> | PR   |        |
| 8   | 51 Luna Hoogendoorn | DC1 | 34   | O    | <b>42.51</b> |      |        |
| 9   | 52 Ilse Hoogendoorn | DPB | 33   | I    | <b>43.78</b> |      |        |
| 10  | 38 Jacinda Aukes    | DPB | 34   | I    | <b>44.61</b> |      |        |
| 11  | 54 Aiden Currie     | HPC | 35   | I    | <b>44.85</b> | PR   |        |



|    |    | Naam                | Cat           | PR    | Tijd  | Info |
|----|----|---------------------|---------------|-------|-------|------|
| 33 | wt | 52 Ilse Hoogendoorn | DPB           |       | 43.78 |      |
|    | rd |                     |               |       |       |      |
|    |    | Ilse Hoogendoorn    |               |       |       |      |
|    |    | 300m                | 43.78 (43.78) |       | m     |      |
|    |    |                     |               |       |       |      |
|    |    | Naam                | Cat           | PR    | Tijd  | Info |
| 34 | gl | 38 Jacinda Aukes    | DPB           |       | 44.61 |      |
|    | bl | 51 Luna Hoogendoorn | DC1           |       | 42.51 |      |
|    |    | Jacinda Aukes       |               |       |       |      |
|    |    | 300m                | 44.61 (44.61) |       |       |      |
|    |    | Luna Hoogendoorn    |               |       |       |      |
|    |    | 300m                | 42.51 (42.51) |       |       |      |
|    |    |                     |               |       |       |      |
|    |    | Naam                | Cat           | PR    | Tijd  | Info |
| 35 | wt | 54 Aiden Currie     | HPC           | 47.16 | 44.85 | PR   |
|    | rd | 26 Jason Bakker     | HPB           | 47.51 | 41.78 | PR   |
|    |    | Aiden Currie        |               |       |       |      |
|    |    | 300m                | 44.85 (44.85) |       |       |      |
|    |    | Jason Bakker        |               |       |       |      |
|    |    | 300m                | 41.78 (41.78) |       |       |      |
|    |    |                     |               |       |       |      |
|    |    | Naam                | Cat           | PR    | Tijd  | Info |
| 36 | gl | 46 Saar Langeslag   | DPC           | 39.43 | 40.32 |      |
|    | bl | 28 Yenthe Bootsman  | DPC           | 39.61 | 39.21 | PR   |
|    |    | Saar Langeslag      |               |       |       |      |
|    |    | 300m                | 40.32 (40.32) |       |       |      |
|    |    | Yenthe Bootsman     |               |       |       |      |
|    |    | 300m                | 39.21 (39.21) |       |       |      |
|    |    |                     |               |       |       |      |
|    |    | Naam                | Cat           | PR    | Tijd  | Info |
| 37 | wt | 5 Siem Terpstra     | HPB           | 38.46 | 39.46 |      |
|    | rd | 8 Jens Bijl         | HPC           | 37.85 | 39.60 |      |
|    |    | Siem Terpstra       |               |       |       |      |
|    |    | 300m                | 39.46 (39.46) |       |       |      |
|    |    | Jens Bijl           |               |       |       |      |
|    |    | 300m                | 39.60 (39.60) |       |       |      |
|    |    |                     |               |       |       |      |
|    |    | Naam                | Cat           | PR    | Tijd  | Info |
| 38 | gl | 4 Tara Fijten       | DPB           | 31.08 | 31.23 |      |
|    | bl | 3 Iris Fijten       | DPC           | 37.57 | 38.53 |      |
|    |    | Tara Fijten         |               |       |       |      |
|    |    | 300m                | 31.23 (31.23) |       |       |      |
|    |    | Iris Fijten         |               |       |       |      |
|    |    | 300m                | 38.53 (38.53) |       |       |      |

## 5. Uitslag N&V Pupillen A 700 meter

| Pos | Naam                | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|---------------------|-----|------|------|---------|------|--------|
| 1   | 1 Laurena van Doorn | DPA | 40   | I    | 1:06.14 | PR   |        |
| 2   | 47 Puck Langeslag   | DPA | 39   | I    | 1:18.62 |      |        |
| 3   | 42 Lars Meijer      | HPA | 39   | O    | 1:32.23 |      |        |
|     | 16 Jente Noordijk   | DPA |      |      | WDR     |      |        |

## 5. Rituitslag N&V Pupillen A 700 meter

|    |    | Naam                | Cat             | PR      | Tijd           | Info |
|----|----|---------------------|-----------------|---------|----------------|------|
| 39 | wt | 47 Puck Langeslag   | DPA             |         | <b>1:18.62</b> |      |
|    | rd | 42 Lars Meijer      | HPA             |         | <b>1:32.23</b> |      |
|    |    | Puck Langeslag      |                 |         |                |      |
|    |    | 300m                | 34.54 (34.54)   |         |                |      |
|    |    | 700m                | 1:18.62 (44.08) |         |                |      |
|    |    | Lars Meijer         |                 |         |                |      |
|    |    | 300m                | 40.44 (40.44)   |         |                |      |
|    |    | 700m                | 1:32.23 (51.79) |         |                |      |
|    |    | Naam                | Cat             | PR      | Tijd           | Info |
| 40 | gl | 1 Laurena van Doorn | DPA             | 1:06.55 | <b>1:06.14</b> | PR   |
|    | bl | 16 Jente Noordijk   | DPA             |         | <b>WDR</b>     |      |
|    |    | Laurena van Doorn   |                 |         |                |      |
|    |    | 300m                | 30.17 (30.17)   |         |                |      |
|    |    | 700m                | 1:06.14 (35.97) |         |                |      |
|    |    | Jente Noordijk      |                 |         |                |      |





# Clubkampioenschap Nut en Vermaak & Blauwe Beugel

IJsbaan Haarlem - Haarlem



## 6. Uitslag Junioren C t/m Masters 1500 meter

---

| Pos | Naam                     | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|--------------------------|-----|------|------|---------|------|--------|
| 1   | 30 Luke Kooij            | HSA | 60   | I    | 2:00.15 |      |        |
| 2   | 48 Björn Stoltenborg     | HSB | 60   | O    | 2:11.09 |      |        |
| 3   | 33 Niels Rewijk          | HN2 | 59   | O    | 2:16.37 | PR   |        |
| 4   | 24 Roeland van der Hoorn | HSA | 59   | I    | 2:20.13 |      |        |
| 5   | 41 Kai Hagedoorn         | HSA | 55   | O    | 2:22.05 |      |        |
| 6   | 59 Mark Rewijk           | HSB | 58   | O    | 2:22.72 |      |        |
| 7   | 36 Zhara Möllers         | DA1 | 56   | I    | 2:23.99 |      |        |
| 8   | 55 Jelle de Bock         | HB2 | 55   | I    | 2:24.34 |      |        |
| 9   | 60 Marino Godwaldt       | HA1 | 57   | O    | 2:24.50 |      |        |
| 10  | 34 Tim Rewijk            | HN3 | 58   | I    | 2:25.46 | PR   |        |
| 11  | 20 Cock Baas             | H60 | 53   | O    | 2:29.10 |      |        |
| 12  | 32 Raymond Roos          | H50 | 49   | O    | 2:32.54 | PR   |        |
| 13  | 15 Robert van der Zwaan  | H55 | 54   | I    | 2:33.09 | PR   |        |
| 14  | 45 Jeffrey van der Zeeuw | HSA | 49   | I    | 2:33.97 | PR   |        |
| 15  | 35 Johan Boere           | H45 | 52   | I    | 2:34.50 | PR   |        |
| 16  | 57 Loena Visser          | DSA | 51   | I    | 2:35.28 |      |        |
| 17  | 63 Remco Gerritsen       | H60 | 51   | O    | 2:35.49 |      |        |
| 18  | 40 Jeroen Rewijk         | HSB | 54   | O    | 2:37.33 |      |        |
| 19  | 2 Esmee Bijl             | DC1 | 53   | I    | 2:37.76 | PR   |        |
| 20  | 7 Dione Dompeling        | DB1 | 50   | I    | 2:43.04 | PR   |        |
| 21  | 18 Rocco Heuzen          | HB2 | 50   | O    | 2:44.25 | PR   |        |
| 22  | 9 Vincent Lankamp        | HB1 | 48   | I    | 2:44.82 | PR   |        |
| 23  | 62 Reinier Regter        | HN4 | 47   | O    | 2:46.55 |      |        |
| 24  | 14 Dana de Bruin         | DB2 | 48   | O    | 2:48.79 | PR   |        |
| 25  | 11 Kees de Koning        | H60 | 46   | O    | 2:51.52 |      |        |
| 26  | 39 Paul Knelange         | H65 | 57   | I    | 2:53.40 |      |        |
| 27  | 21 Angela van Wijk       | D55 | 44   | I    | 2:54.91 |      |        |
| 28  | 58 Peter Paul Adriaansen | H55 | 52   | O    | 2:57.51 | FL   |        |
| 29  | 31 Jaap Tanis            | H70 | 45   | I    | 2:58.19 |      |        |
| 30  | 13 Wendy Straathof       | DSB | 46   | I    | 2:58.94 |      |        |
| 31  | 56 Senna Ravestijn       | DB1 | 42   | O    | 3:03.72 |      |        |
| 32  | 43 Tijn Meijer           | HC1 | 42   | I    | 3:13.46 |      |        |
| 33  | 44 Chris Kempenaar       | H70 | 47   | I    | 3:14.51 |      |        |
| 34  | 61 Linde Visser          | DA2 | 45   | O    | 3:14.85 | PR   |        |
| 35  | 29 Gemma Eikelenboom     | DC2 | 43   | O    | 3:15.24 |      |        |
| 36  | 27 Ilsa Koek             | DB1 | 43   | I    | 3:42.46 |      |        |
| 37  | 17 Carla Engele          | D60 | 44   | O    | 3:43.81 |      |        |
|     | 23 Roelle de Koning      | DSA | 56   | O    | DNF     |      |        |
|     | 25 Mara Nummerdor        | DC2 |      |      | WDR     |      |        |

## 6. Rituitslag Junioren C t/m Masters 1500 meter

|    |    | Naam                 | Cat             | PR                | Tijd            | Info |
|----|----|----------------------|-----------------|-------------------|-----------------|------|
| 41 | wt | 25 Mara Nummerdor    | DC2             | 3:25.44           | WDR             |      |
|    | rd |                      |                 |                   |                 |      |
|    |    | Mara Nummerdor       |                 |                   |                 |      |
|    |    | m                    |                 |                   |                 |      |
|    |    | Naam                 | Cat             | PR                | Tijd            | Info |
| 42 | gl | 43 Tijn Meijer       | HC1             |                   | 3:13.46         |      |
|    | bl | 56 Senna Ravestijn   | DB1             |                   | 3:03.72         |      |
|    |    | Tijn Meijer          |                 | Senna Ravestijn   |                 |      |
|    |    | 300m                 | 39.74 (39.74)   | 300m              | 38.72 (38.72)   |      |
|    |    | 700m                 | 1:30.30 (50.56) | 700m              | 1:25.60 (46.88) |      |
|    |    | 1100m                | 2:22.11 (51.81) | 1100m             | 2:13.96 (48.36) |      |
|    |    | 1500m                | 3:13.46 (51.35) | 1500m             | 3:03.72 (49.76) |      |
|    |    | Naam                 | Cat             | PR                | Tijd            | Info |
| 43 | wt | 27 Ilsa Koek         | DB1             | 3:54.72           | 3:42.46         |      |
|    | rd | 29 Gemma Eikelenboom | DC2             |                   | 3:15.24         |      |
|    |    | Ilsa Koek            |                 | Gemma Eikelenboom |                 |      |
|    |    | 300m                 | 44.17 (44.17)   | 300m              | 39.70 (39.70)   |      |
|    |    | 700m                 | 1:42.95 (58.78) | 700m              | 1:30.58 (50.88) |      |
|    |    | 1100m                | 2:43.14 (60.19) | 1100m             | 2:24.74 (54.16) |      |
|    |    | 1500m                | 3:42.46 (59.32) | 1500m             | 3:15.24 (50.50) |      |
|    |    | Naam                 | Cat             | PR                | Tijd            | Info |
| 44 | gl | 21 Angela van Wijk   | D55             | 2:23.87           | 2:54.91         |      |
|    | bl | 17 Carla Engele      | D60             | 3:10.68           | 3:43.81         |      |
|    |    | Angela van Wijk      |                 | Carla Engele      |                 |      |
|    |    | 300m                 | 38.57 (38.57)   | 300m              | 48.88 (48.88)   |      |
|    |    | 700m                 | 1:23.56 (44.99) | 700m              | 1:45.55 (56.67) |      |
|    |    | 1100m                | 2:09.40 (45.84) | 1100m             | 2:44.16 (58.61) |      |
|    |    | 1500m                | 2:54.91 (45.51) | 1500m             | 3:43.81 (59.65) |      |

|    |    | Naam                   | Cat | PR      | Tijd           | Info |
|----|----|------------------------|-----|---------|----------------|------|
| 45 | wt | 31 <b>Jaap Tanis</b>   | H70 | 2:24.67 | <b>2:58.19</b> |      |
|    | rd | 61 <b>Linde Visser</b> | DA2 | 3:18.09 | <b>3:14.85</b> | PR   |

**Jaap Tanis**

|       |         |         |
|-------|---------|---------|
| 300m  | 39.79   | (39.79) |
| 700m  | 1:25.62 | (45.83) |
| 1100m | 2:12.27 | (46.65) |
| 1500m | 2:58.19 | (45.92) |

**Linde Visser**

|       |         |         |
|-------|---------|---------|
| 300m  | 49.44   | (49.44) |
| 700m  | 1:36.74 | (47.30) |
| 1100m | 2:25.91 | (49.17) |
| 1500m | 3:14.85 | (48.94) |

|    |    | Naam                      | Cat | PR      | Tijd           | Info |
|----|----|---------------------------|-----|---------|----------------|------|
| 46 | gl | 13 <b>Wendy Straathof</b> | DSB | 2:48.94 | <b>2:58.94</b> |      |
|    | bl | 11 <b>Kees de Koning</b>  | H60 | 2:36.01 | <b>2:51.52</b> |      |

**Wendy Straathof**

|       |         |         |
|-------|---------|---------|
| 300m  | 37.19   | (37.19) |
| 700m  | 1:21.19 | (44.00) |
| 1100m | 2:07.90 | (46.71) |
| 1500m | 2:58.94 | (51.04) |

**Kees de Koning**

|       |         |         |
|-------|---------|---------|
| 300m  | 36.62   | (36.62) |
| 700m  | 1:19.46 | (42.84) |
| 1100m | 2:04.23 | (44.77) |
| 1500m | 2:51.52 | (47.29) |

|    |    | Naam                      | Cat | PR      | Tijd           | Info |
|----|----|---------------------------|-----|---------|----------------|------|
| 47 | wt | 44 <b>Chris Kempenaar</b> | H70 | 2:34.50 | <b>3:14.51</b> |      |
|    | rd | 62 <b>Reinier Regter</b>  | HN4 | 2:44.40 | <b>2:46.55</b> |      |

**Chris Kempenaar**

|       |         |         |
|-------|---------|---------|
| 300m  | 42.53   | (42.53) |
| 700m  | 1:33.48 | (50.95) |
| 1100m | 2:24.29 | (50.81) |
| 1500m | 3:14.51 | (50.22) |

**Reinier Regter**

|       |         |         |
|-------|---------|---------|
| 300m  | 34.99   | (34.99) |
| 700m  | 1:17.35 | (42.36) |
| 1100m | 2:01.68 | (44.33) |
| 1500m | 2:46.55 | (44.87) |

|    |    | Naam                     | Cat | PR      | Tijd           | Info |
|----|----|--------------------------|-----|---------|----------------|------|
| 48 | gl | 9 <b>Vincent Lankamp</b> | HB1 | 2:57.35 | <b>2:44.82</b> | PR   |
|    | bl | 14 <b>Dana de Bruin</b>  | DB2 | 2:54.79 | <b>2:48.79</b> | PR   |

**Vincent Lankamp**

|       |         |         |
|-------|---------|---------|
| 300m  | 32.87   | (32.87) |
| 700m  | 1:13.92 | (41.05) |
| 1100m | 1:59.54 | (45.62) |
| 1500m | 2:44.82 | (45.28) |

**Dana de Bruin**

|       |         |         |
|-------|---------|---------|
| 300m  | 34.78   | (34.78) |
| 700m  | 1:17.30 | (42.52) |
| 1100m | 2:02.82 | (45.52) |
| 1500m | 2:48.79 | (45.97) |

|    |    | Naam                            | Cat | PR      | Tijd           | Info |
|----|----|---------------------------------|-----|---------|----------------|------|
| 49 | wt | 45 <b>Jeffrey van der Zeeuw</b> | HSA | 2:48.16 | <b>2:33.97</b> | PR   |
|    | rd | 32 <b>Raymond Roos</b>          | H50 | 2:36.51 | <b>2:32.54</b> | PR   |

## Jeffrey van der Zeeuw

|       |         |         |
|-------|---------|---------|
| 300m  | 34.59   | (34.59) |
| 700m  | 1:13.57 | (38.98) |
| 1100m | 1:52.62 | (39.05) |
| 1500m | 2:33.97 | (41.35) |

## Raymond Roos

|       |         |         |
|-------|---------|---------|
| 300m  | 33.75   | (33.75) |
| 700m  | 1:11.37 | (37.62) |
| 1100m | 1:51.31 | (39.94) |
| 1500m | 2:32.54 | (41.23) |

|    |    | Naam                     | Cat | PR      | Tijd           | Info |
|----|----|--------------------------|-----|---------|----------------|------|
| 50 | gl | 7 <b>Dione Dompeling</b> | DB1 | 2:43.56 | <b>2:43.04</b> | PR   |
|    | bl | 18 <b>Rocco Heuzen</b>   | HB2 | 2:52.39 | <b>2:44.25</b> | PR   |

## Dione Dompeling

|       |         |         |
|-------|---------|---------|
| 300m  | 36.27   | (36.27) |
| 700m  | 1:18.79 | (42.52) |
| 1100m | 2:00.64 | (41.85) |
| 1500m | 2:43.04 | (42.40) |

## Rocco Heuzen

|       |         |         |
|-------|---------|---------|
| 300m  | 34.38   | (34.38) |
| 700m  | 1:16.79 | (42.41) |
| 1100m | 2:00.66 | (43.87) |
| 1500m | 2:44.25 | (43.59) |

|    |    | Naam                      | Cat | PR      | Tijd           | Info |
|----|----|---------------------------|-----|---------|----------------|------|
| 51 | wt | 57 <b>Loena Visser</b>    | DSA | 2:34.77 | <b>2:35.28</b> |      |
|    | rd | 63 <b>Remco Gerritsen</b> | H60 | 2:16.11 | <b>2:35.49</b> |      |

## Loena Visser

|       |         |         |
|-------|---------|---------|
| 300m  | 33.82   | (33.82) |
| 700m  | 1:12.97 | (39.15) |
| 1100m | 1:53.48 | (40.51) |
| 1500m | 2:35.28 | (41.80) |

## Remco Gerritsen

|       |         |         |
|-------|---------|---------|
| 300m  | 33.50   | (33.50) |
| 700m  | 1:12.81 | (39.31) |
| 1100m | 1:53.79 | (40.98) |
| 1500m | 2:35.49 | (41.70) |

|    |    | Naam                            | Cat | PR      | Tijd           | Info |
|----|----|---------------------------------|-----|---------|----------------|------|
| 52 | gl | 35 <b>Johan Boere</b>           | H45 | 2:46.64 | <b>2:34.50</b> | PR   |
|    | bl | 58 <b>Peter Paul Adriaansen</b> | H55 | 2:39.89 | <b>2:57.51</b> | FL   |

## Johan Boere

|       |         |         |
|-------|---------|---------|
| 300m  | 35.30   | (35.30) |
| 700m  | 1:15.15 | (39.85) |
| 1100m | 1:54.70 | (39.55) |
| 1500m | 2:34.50 | (39.80) |

## Peter Paul Adriaansen

|       |         |         |
|-------|---------|---------|
| 300m  | 35.22   | (35.22) |
| 700m  | 1:15.26 | (40.04) |
| 1100m | 1:56.58 | (41.32) |
| 1500m | 2:57.51 | (60.93) |

|    |    | Naam                | Cat | PR      | Tijd           | Info |
|----|----|---------------------|-----|---------|----------------|------|
| 53 | wt | 2 <b>Esmee Bijl</b> | DC1 | 2:39.26 | <b>2:37.76</b> | PR   |
|    | rd | 20 <b>Cock Baas</b> | H60 | 2:07.17 | <b>2:29.10</b> |      |

## Esmee Bijl

|       |         |         |
|-------|---------|---------|
| 300m  | 33.35   | (33.35) |
| 700m  | 1:14.55 | (41.20) |
| 1100m | 1:56.93 | (42.38) |
| 1500m | 2:37.76 | (40.83) |

## Cock Baas

|       |         |         |
|-------|---------|---------|
| 300m  | 31.67   | (31.67) |
| 700m  | 1:09.78 | (38.11) |
| 1100m | 1:49.05 | (39.27) |
| 1500m | 2:29.10 | (40.05) |

|    |    | Naam                           | Cat | PR      | Tijd           | Info |
|----|----|--------------------------------|-----|---------|----------------|------|
| 54 | gl | 15 <b>Robert van der Zwaan</b> | H55 | 2:38.94 | <b>2:33.09</b> | PR   |
|    | bl | 40 <b>Jeroen Rewijk</b>        | HSB | 2:16.62 | <b>2:37.33</b> |      |

## Robert van der Zwaan

|       |         |         |
|-------|---------|---------|
| 300m  | 34.24   | (34.24) |
| 700m  | 1:12.43 | (38.19) |
| 1100m | 1:51.71 | (39.28) |
| 1500m | 2:33.09 | (41.38) |

## Jeroen Rewijk

|       |         |         |
|-------|---------|---------|
| 300m  | 32.36   | (32.36) |
| 700m  | 1:11.47 | (39.11) |
| 1100m | 1:50.27 | (38.80) |
| 1500m | 2:37.33 | (47.06) |

|    |    | Naam                    | Cat | PR      | Tijd           | Info |
|----|----|-------------------------|-----|---------|----------------|------|
| 55 | wt | 55 <b>Jelle de Bock</b> | HB2 | 2:16.65 | <b>2:24.34</b> |      |
|    | rd | 41 <b>Kai Hagedoorn</b> | HSA |         | <b>2:22.05</b> |      |

## Jelle de Bock

|       |         |         |
|-------|---------|---------|
| 300m  | 29.63   | (29.63) |
| 700m  | 1:05.58 | (35.95) |
| 1100m | 1:44.81 | (39.23) |
| 1500m | 2:24.34 | (39.53) |

## Kai Hagedoorn

|       |         |         |
|-------|---------|---------|
| 300m  | 29.35   | (29.35) |
| 700m  | 1:04.48 | (35.13) |
| 1100m | 1:41.74 | (37.26) |
| 1500m | 2:22.05 | (40.31) |

|    |    | Naam                       | Cat | PR      | Tijd           | Info |
|----|----|----------------------------|-----|---------|----------------|------|
| 56 | gl | 36 <b>Zhara Möllers</b>    | DA1 | 2:16.52 | <b>2:23.99</b> |      |
|    | bl | 23 <b>Roelle de Koning</b> | DSA | 2:35.62 | <b>DNF</b>     |      |

## Zhara Möllers

|       |         |         |
|-------|---------|---------|
| 300m  | 29.88   | (29.88) |
| 700m  | 1:04.39 | (34.51) |
| 1100m | 1:42.66 | (38.27) |
| 1500m | 2:23.99 | (41.33) |

## Roelle de Koning

|       |         |         |
|-------|---------|---------|
| 300m  | 34.76   | (34.76) |
| 700m  | 1:15.19 | (40.43) |
| 1100m | 1:56.85 | (41.66) |

|    |    | Naam                            | Cat | PR                       | Tijd           | Info |
|----|----|---------------------------------|-----|--------------------------|----------------|------|
| 57 | wt | 39 <b>Paul Knelange</b>         | H65 | 2:25.22                  | <b>2:53.40</b> |      |
|    | rd | 60 <b>Marino Godwaldt</b>       | HA1 | 2:11.87                  | <b>2:24.50</b> |      |
|    |    | <b>Paul Knelange</b>            |     | <b>Marino Godwaldt</b>   |                |      |
|    |    | 300m 37.84 (37.84)              |     | 300m 29.62 (29.62)       |                |      |
|    |    | 700m 1:23.64 (45.80)            |     | 700m 1:06.56 (36.94)     |                |      |
|    |    | 1100m 2:08.99 (45.35)           |     | 1100m 1:45.45 (38.89)    |                |      |
|    |    | 1500m 2:53.40 (44.41)           |     | 1500m 2:24.50 (39.05)    |                |      |
|    |    | Naam                            | Cat | PR                       | Tijd           | Info |
| 58 | gl | 34 <b>Tim Rewijk</b>            | HN3 | 2:25.85                  | <b>2:25.46</b> | PR   |
|    | bl | 59 <b>Mark Rewijk</b>           | HSB | 2:10.10                  | <b>2:22.72</b> |      |
|    |    | <b>Tim Rewijk</b>               |     | <b>Mark Rewijk</b>       |                |      |
|    |    | 300m 29.35 (29.35)              |     | 300m 30.30 (30.30)       |                |      |
|    |    | 700m 1:05.60 (36.25)            |     | 700m 1:05.46 (35.16)     |                |      |
|    |    | 1100m 1:44.50 (38.90)           |     | 1100m 1:43.35 (37.89)    |                |      |
|    |    | 1500m 2:25.46 (40.96)           |     | 1500m 2:22.72 (39.37)    |                |      |
|    |    | Naam                            | Cat | PR                       | Tijd           | Info |
| 59 | wt | 24 <b>Roeland van der Hoorn</b> | HSA | 2:11.70                  | <b>2:20.13</b> |      |
|    | rd | 33 <b>Niels Rewijk</b>          | HN2 | 2:16.69                  | <b>2:16.37</b> | PR   |
|    |    | <b>Roeland van der Hoorn</b>    |     | <b>Niels Rewijk</b>      |                |      |
|    |    | 300m 29.92 (29.92)              |     | 300m 29.02 (29.02)       |                |      |
|    |    | 700m 1:05.23 (35.31)            |     | 700m 1:03.79 (34.77)     |                |      |
|    |    | 1100m 1:42.77 (37.54)           |     | 1100m 1:40.01 (36.22)    |                |      |
|    |    | 1500m 2:20.13 (37.36)           |     | 1500m 2:16.37 (36.36)    |                |      |
|    |    | Naam                            | Cat | PR                       | Tijd           | Info |
| 60 | gl | 30 <b>Luke Kooij</b>            | HSA | 1:59.16                  | <b>2:00.15</b> |      |
|    | bl | 48 <b>Björn Stoltenborg</b>     | HSB | 2:02.75                  | <b>2:11.09</b> |      |
|    |    | <b>Luke Kooij</b>               |     | <b>Björn Stoltenborg</b> |                |      |
|    |    | 300m 27.07 (27.07)              |     | 300m 29.16 (29.16)       |                |      |
|    |    | 700m 56.53 (29.46)              |     | 700m 1:01.61 (32.45)     |                |      |
|    |    | 1100m 1:27.68 (31.15)           |     | 1100m 1:35.61 (34.00)    |                |      |
|    |    | 1500m 2:00.15 (32.47)           |     | 1500m 2:11.09 (35.48)    |                |      |

## 7. Uitslag Recreanten 1500 meter

| Pos | Naam                          | Cat | Paar | Baan | Tijd           | Info | Punten |
|-----|-------------------------------|-----|------|------|----------------|------|--------|
| 1   | 50 <b>Peter van der Stelt</b> | H60 | 62   | O    | <b>2:37.07</b> |      |        |
| 2   | 53 <b>Jan Ravestijn</b>       | H50 | 61   | O    | <b>2:45.98</b> |      |        |
| 3   | 37 <b>Ed Vink</b>             | H55 | 62   | I    | <b>2:59.63</b> |      |        |
| 4   | 49 <b>Jan Bouterse</b>        | H70 | 61   | I    | <b>3:21.00</b> |      |        |



## 7. Rituitslag Recreanten 1500 meter

|    |    | Naam                          | Cat             | PR                         | Tijd            | Info |
|----|----|-------------------------------|-----------------|----------------------------|-----------------|------|
| 61 | wt | 49 <b>Jan Bouterse</b>        | H70             |                            | <b>3:21.00</b>  |      |
|    | rd | 53 <b>Jan Ravestijn</b>       | H50             |                            | <b>2:45.98</b>  |      |
|    |    | <b>Jan Bouterse</b>           |                 | <b>Jan Ravestijn</b>       |                 |      |
|    |    | 300m                          | 43.20 (43.20)   | 300m                       | 35.09 (35.09)   |      |
|    |    | 700m                          | 1:35.54 (52.34) | 700m                       | 1:16.29 (41.20) |      |
|    |    | 1100m                         | 2:28.82 (53.28) | 1100m                      | 2:00.42 (44.13) |      |
|    |    | 1500m                         | 3:21.00 (52.18) | 1500m                      | 2:45.98 (45.56) |      |
|    |    | Naam                          | Cat             | PR                         | Tijd            | Info |
| 62 | gl | 37 <b>Ed Vink</b>             | H55             |                            | <b>2:59.63</b>  |      |
|    | bl | 50 <b>Peter van der Stelt</b> | H60             |                            | <b>2:37.07</b>  |      |
|    |    | <b>Ed Vink</b>                |                 | <b>Peter van der Stelt</b> |                 |      |
|    |    | 300m                          | 35.29 (35.29)   | 300m                       | 34.22 (34.22)   |      |
|    |    | 700m                          | 1:16.94 (41.65) | 700m                       | 1:13.82 (39.60) |      |
|    |    | 1100m                         | 2:00.66 (43.72) | 1100m                      | 1:54.92 (41.10) |      |
|    |    | 1500m                         | 2:59.63 (58.97) | 1500m                      | 2:37.07 (42.15) |      |

## 8. Uitslag 3000 meter Jun C tm Masters

| Pos | Naam                     | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|--------------------------|-----|------|------|---------|------|--------|
| 1   | 24 Roeland van der Hoorn | HSA | 72   | O    | 4:53.85 |      |        |
| 2   | 33 Niels Rewijk          | HN2 | 72   | I    | 4:55.57 |      |        |
| 3   | 59 Mark Rewijk           | HSB | 73   | I    | 5:08.31 |      |        |
| 4   | 55 Jelle de Bock         | HB2 | 73   | O    | 5:11.97 |      |        |
| 5   | 36 Zhara Möllers         | DA1 | 71   | I    | 5:19.96 |      |        |
| 6   | 35 Johan Boere           | H45 | 65   | O    | 5:21.81 | PR   |        |
| 7   | 15 Robert van der Zwaan  | H55 | 69   | I    | 5:22.20 |      |        |
| 8   | 20 Cock Baas             | H60 | 71   | O    | 5:25.50 |      |        |
| 9   | 32 Raymond Roos          | H50 | 63   | O    | 5:25.69 |      |        |
| 10  | 58 Peter Paul Adriaansen | H55 | 63   | I    | 5:36.93 | PR   |        |
| 11  | 2 Esmee Bijl             | DC1 | 70   | O    | 5:38.97 | PR   |        |
| 12  | 7 Dione Dompeling        | DB1 | 64   | I    | 5:50.96 | PR   |        |
| 13  | 18 Rocco Heuzen          | HB2 | 65   | I    | 5:54.76 |      |        |
| 14  | 45 Jeffrey van der Zeeuw | HSA | 66   | I    | 5:56.50 |      |        |
| 15  | 39 Paul Knelange         | H65 | 68   | O    | 6:04.52 |      |        |
| 16  | 11 Kees de Koning        | H60 | 69   | O    | 6:05.61 |      |        |
| 17  | 31 Jaap Tanis            | H70 | 70   | I    | 6:08.89 |      |        |
| 18  | 62 Reinier Regter        | HN4 | 66   | O    | 6:22.72 |      |        |
| 19  | 61 Linde Visser          | DA2 | 64   | O    | 6:36.41 |      |        |
| 20  | 44 Chris Kempenaar       | H70 | 67   | O    | 6:38.96 |      |        |
| 21  | 13 Wendy Straathof       | DSB | 68   | I    | 6:43.15 |      |        |
| 22  | 29 Gemma Eikelenboom     | DC2 | 67   | I    | 6:52.11 |      |        |

## 8. Rituitslag 3000 meter Jun C tm Masters

|                              |    | Naam                            | Cat                 | PR      | Tijd            | Info |
|------------------------------|----|---------------------------------|---------------------|---------|-----------------|------|
| 63                           | wt | 58 <b>Peter Paul Adriaansen</b> | H55                 | 6:06.25 | <b>5:36.93</b>  | PR   |
|                              | rd | 32 <b>Raymond Roos</b>          | H50                 | 5:22.96 | <b>5:25.69</b>  |      |
| <b>Peter Paul Adriaansen</b> |    |                                 | <b>Raymond Roos</b> |         |                 |      |
|                              |    | 200m                            | 26.60 (26.60)       | 200m    | 25.67 (25.67)   |      |
|                              |    | 600m                            | 1:07.50 (40.90)     | 600m    | 1:05.12 (39.45) |      |
|                              |    | 1000m                           | 1:51.91 (44.41)     | 1000m   | 1:46.92 (41.80) |      |
|                              |    | 1400m                           | 2:36.73 (44.82)     | 1400m   | 2:29.51 (42.59) |      |
|                              |    | 1800m                           | 3:21.76 (45.03)     | 1800m   | 3:12.92 (43.41) |      |
|                              |    | 2200m                           | 4:07.00 (45.24)     | 2200m   | 3:56.19 (43.27) |      |
|                              |    | 2600m                           | 4:52.56 (45.56)     | 2600m   | 4:39.56 (43.37) |      |
|                              |    | 3000m                           | 5:36.93 (44.37)     | 3000m   | 5:25.69 (46.13) |      |

|                        |    | Naam                     | Cat                 | PR      | Tijd            | Info |
|------------------------|----|--------------------------|---------------------|---------|-----------------|------|
| 64                     | gl | 7 <b>Dione Dompeling</b> | DB1                 | 6:05.28 | <b>5:50.96</b>  | PR   |
|                        | bl | 61 <b>Linde Visser</b>   | DA2                 |         | <b>6:36.41</b>  |      |
| <b>Dione Dompeling</b> |    |                          | <b>Linde Visser</b> |         |                 |      |
|                        |    | 200m                     | 27.89 (27.89)       | 200m    | 30.57 (30.57)   |      |
|                        |    | 600m                     | 1:14.82 (46.93)     | 600m    | 1:21.33 (50.76) |      |
|                        |    | 1000m                    | 2:01.32 (46.50)     | 1000m   | 2:13.39 (52.06) |      |
|                        |    | 1400m                    | 2:48.58 (47.26)     | 1400m   | 3:06.22 (52.83) |      |
|                        |    | 1800m                    | 3:35.32 (46.74)     | 1800m   | 3:59.04 (52.82) |      |
|                        |    | 2200m                    | 4:19.26 (43.94)     | 2200m   | 4:51.88 (52.84) |      |
|                        |    | 2600m                    | 5:06.60 (47.34)     | 2600m   | 5:45.07 (53.19) |      |
|                        |    | 3000m                    | 5:50.96 (44.36)     | 3000m   | 6:36.41 (51.34) |      |

|              |       | Naam                   | Cat         | PR      | Tijd            | Info |
|--------------|-------|------------------------|-------------|---------|-----------------|------|
| 65           | wt    | 18 <b>Rocco Heuzen</b> | HB2         |         | <b>5:54.76</b>  |      |
|              | rd    | 35 <b>Johan Boere</b>  | H45         | 5:36.24 | <b>5:21.81</b>  | PR   |
|              |       |                        |             |         |                 |      |
| Rocco Heuzen |       |                        | Johan Boere |         |                 |      |
|              | 200m  | 26.62 (26.62)          |             | 200m    | 27.47 (27.47)   |      |
|              | 600m  | 1:13.72 (47.10)        |             | 600m    | 1:09.12 (41.65) |      |
|              | 1000m | 1:59.51 (45.79)        |             | 1000m   | 1:51.67 (42.55) |      |
|              | 1400m | 2:46.34 (46.83)        |             | 1400m   | 2:33.85 (42.18) |      |
|              | 1800m | 3:33.65 (47.31)        |             | 1800m   | 3:15.64 (41.79) |      |
|              | 2200m | 4:21.70 (48.05)        |             | 2200m   | 3:57.67 (42.03) |      |
|              | 2600m | 5:09.66 (47.96)        |             | 2600m   | 4:40.20 (42.53) |      |
|              | 3000m | 5:54.76 (45.10)        |             | 3000m   | 5:21.81 (41.61) |      |

|                       |       | Naam                            | Cat            | PR    | Tijd            | Info |
|-----------------------|-------|---------------------------------|----------------|-------|-----------------|------|
| 66                    | gl    | 45 <b>Jeffrey van der Zeeuw</b> | HSA            |       | <b>5:56.50</b>  |      |
|                       | bl    | 62 <b>Reinier Regter</b>        | HN4            |       | <b>6:22.72</b>  |      |
|                       |       |                                 |                |       |                 |      |
| Jeffrey van der Zeeuw |       |                                 | Reinier Regter |       |                 |      |
|                       | 200m  | 28.78 (28.78)                   |                | 200m  | 29.14 (29.14)   |      |
|                       | 600m  | 1:16.40 (47.62)                 |                | 600m  | 1:19.73 (50.59) |      |
|                       | 1000m | 2:05.17 (48.77)                 |                | 1000m | 2:10.23 (50.50) |      |
|                       | 1400m | 2:53.65 (48.48)                 |                | 1400m | 3:01.99 (51.76) |      |
|                       | 1800m | 3:40.09 (46.44)                 |                | 1800m | 3:53.15 (51.16) |      |
|                       | 2200m | 4:25.29 (45.20)                 |                | 2200m | 4:43.70 (50.55) |      |
|                       | 2600m | 5:11.58 (46.29)                 |                | 2600m | 5:34.04 (50.34) |      |
|                       | 3000m | 5:56.50 (44.92)                 |                | 3000m | 6:22.72 (48.68) |      |

# Clubkampioenschap Nut en Vermaak & Blauwe Beugel

IJsbahn Haarlem - Haarlem

|    |    | Naam                        | Cat | PR      | Tijd Info      |
|----|----|-----------------------------|-----|---------|----------------|
| 67 | wt | 29 <b>Gemma Eikelenboom</b> | DC2 |         | <b>6:52.11</b> |
|    | rd | 44 <b>Chris Kempenaar</b>   | H70 | 5:24.78 | <b>6:38.96</b> |

## Gemma Eikelenboom

|       |         |         |
|-------|---------|---------|
| 200m  | 32.36   | (32.36) |
| 600m  | 1:26.94 | (54.58) |
| 1000m | 2:20.62 | (53.68) |
| 1400m | 3:16.44 | (55.82) |
| 1800m | 4:12.41 | (55.97) |
| 2200m | 5:08.01 | (55.60) |
| 2600m | 6:03.25 | (55.24) |
| 3000m | 6:52.11 | (48.86) |

## Chris Kempenaar

|       |         |         |
|-------|---------|---------|
| 200m  | 31.89   | (31.89) |
| 600m  | 1:23.78 | (51.89) |
| 1000m | 2:16.69 | (52.91) |
| 1400m | 3:10.51 | (53.82) |
| 1800m | 4:03.05 | (52.54) |
| 2200m | 4:55.20 | (52.15) |
| 2600m | 5:47.02 | (51.82) |
| 3000m | 6:38.96 | (51.94) |

|    |    | Naam                      | Cat | PR      | Tijd Info      |
|----|----|---------------------------|-----|---------|----------------|
| 68 | gl | 13 <b>Wendy Straathof</b> | DSB | 6:09.10 | <b>6:43.15</b> |
|    | bl | 39 <b>Paul Knelange</b>   | H65 | 5:07.65 | <b>6:04.52</b> |

## Wendy Straathof

|       |         |         |
|-------|---------|---------|
| 200m  | 31.17   | (31.17) |
| 600m  | 1:23.16 | (51.99) |
| 1000m | 2:15.39 | (52.23) |
| 1400m | 3:08.54 | (53.15) |
| 1800m | 4:00.96 | (52.42) |
| 2200m | 4:55.78 | (54.82) |
| 2600m | 5:50.16 | (54.38) |
| 3000m | 6:43.15 | (52.99) |

## Paul Knelange

|       |         |         |
|-------|---------|---------|
| 200m  | 29.54   | (29.54) |
| 600m  | 1:19.19 | (49.65) |
| 1000m | 2:08.48 | (49.29) |
| 1400m | 2:57.56 | (49.08) |
| 1800m | 3:45.62 | (48.06) |
| 2200m | 4:32.17 | (46.55) |
| 2600m | 5:18.13 | (45.96) |
| 3000m | 6:04.52 | (46.39) |

|    |    | Naam                           | Cat | PR      | Tijd           | Info |
|----|----|--------------------------------|-----|---------|----------------|------|
| 69 | wt | 15 <b>Robert van der Zwaan</b> | H55 |         | <b>5:22.20</b> |      |
|    | rd | 11 <b>Kees de Koning</b>       | H60 | 5:53.10 | <b>6:05.61</b> |      |

## Robert van der Zwaan

|       |         |         |
|-------|---------|---------|
| 200m  | 27.77   | (27.77) |
| 600m  | 1:09.35 | (41.58) |
| 1000m | 1:51.14 | (41.79) |
| 1400m | 2:32.94 | (41.80) |
| 1800m | 3:15.02 | (42.08) |
| 2200m | 3:58.32 | (43.30) |
| 2600m | 4:40.57 | (42.25) |
| 3000m | 5:22.20 | (41.63) |

## Kees de Koning

|       |         |         |
|-------|---------|---------|
| 200m  | 28.25   | (28.25) |
| 600m  | 1:14.03 | (45.78) |
| 1000m | 2:01.36 | (47.33) |
| 1400m | 2:49.75 | (48.39) |
| 1800m | 3:38.91 | (49.16) |
| 2200m | 4:27.86 | (48.95) |
| 2600m | 5:16.90 | (49.04) |
| 3000m | 6:05.61 | (48.71) |

|    |    | Naam                 | Cat | PR      | Tijd           | Info |
|----|----|----------------------|-----|---------|----------------|------|
| 70 | gl | 31 <b>Jaap Tanis</b> | H70 | 5:13.31 | <b>6:08.89</b> |      |
|    | bl | 2 <b>Esmee Bijl</b>  | DC1 | 5:47.18 | <b>5:38.97</b> | PR   |

## Jaap Tanis

|       |         |         |
|-------|---------|---------|
| 200m  | 29.53   | (29.53) |
| 600m  | 1:16.76 | (47.23) |
| 1000m | 2:05.39 | (48.63) |
| 1400m | 2:54.37 | (48.98) |
| 1800m | 3:43.31 | (48.94) |
| 2200m | 4:32.01 | (48.70) |
| 2600m | 5:20.32 | (48.31) |
| 3000m | 6:08.89 | (48.57) |

## Esmee Bijl

|       |         |         |
|-------|---------|---------|
| 200m  | 26.92   | (26.92) |
| 600m  | 1:10.30 | (43.38) |
| 1000m | 1:54.87 | (44.57) |
| 1400m | 2:39.98 | (45.11) |
| 1800m | 3:25.67 | (45.69) |
| 2200m | 4:11.40 | (45.73) |
| 2600m | 4:56.64 | (45.24) |
| 3000m | 5:38.97 | (42.33) |

|    |    | Naam             | Cat | PR      | Tijd           | Info |
|----|----|------------------|-----|---------|----------------|------|
| 71 | wt | 36 Zhara Möllers | DA1 | 5:01.02 | <b>5:19.96</b> |      |
|    | rd | 20 Cock Baas     | H60 | 4:28.66 | <b>5:25.50</b> |      |

## Zhara Möllers

|       |         |         |
|-------|---------|---------|
| 200m  | 23.35   | (23.35) |
| 600m  | 1:01.96 | (38.61) |
| 1000m | 1:42.57 | (40.61) |
| 1400m | 2:24.90 | (42.33) |
| 1800m | 3:08.37 | (43.47) |
| 2200m | 3:52.78 | (44.41) |
| 2600m | 4:37.19 | (44.41) |
| 3000m | 5:19.96 | (42.77) |

## Cock Baas

|       |         |         |
|-------|---------|---------|
| 200m  | 24.41   | (24.41) |
| 600m  | 1:04.58 | (40.17) |
| 1000m | 1:46.69 | (42.11) |
| 1400m | 2:29.43 | (42.74) |
| 1800m | 3:12.67 | (43.24) |
| 2200m | 3:56.37 | (43.70) |
| 2600m | 4:40.67 | (44.30) |
| 3000m | 5:25.50 | (44.83) |

|    |    | Naam                     | Cat | PR      | Tijd           | Info |
|----|----|--------------------------|-----|---------|----------------|------|
| 72 | gl | 33 Niels Rewijk          | HN2 | 4:55.13 | <b>4:55.57</b> |      |
|    | bl | 24 Roeland van der Hoorn | HSA | 4:40.89 | <b>4:53.85</b> |      |

## Niels Rewijk

|       |         |         |
|-------|---------|---------|
| 200m  | 22.17   | (22.17) |
| 600m  | 1:00.40 | (38.23) |
| 1000m | 1:39.09 | (38.69) |
| 1400m | 2:18.32 | (39.23) |
| 1800m | 2:57.46 | (39.14) |
| 2200m | 3:36.94 | (39.48) |
| 2600m | 4:16.34 | (39.40) |
| 3000m | 4:55.57 | (39.23) |

## Roeland van der Hoorn

|       |         |         |
|-------|---------|---------|
| 200m  | 23.65   | (23.65) |
| 600m  | 1:01.87 | (38.22) |
| 1000m | 1:40.71 | (38.84) |
| 1400m | 2:18.84 | (38.13) |
| 1800m | 2:57.61 | (38.77) |
| 2200m | 3:36.00 | (38.39) |
| 2600m | 4:15.51 | (39.51) |
| 3000m | 4:53.85 | (38.34) |

# Clubkampioenschap Nut en Vermaak & Blauwe Beugel

IJsbahn Haarlem - Haarlem

|    |    | Naam                    | Cat | PR      | Tijd           | Info |
|----|----|-------------------------|-----|---------|----------------|------|
| 73 | wt | 59 <b>Mark Rewijk</b>   | HSB | 4:46.15 | <b>5:08.31</b> |      |
|    | rd | 55 <b>Jelle de Bock</b> | HB2 | 4:46.20 | <b>5:11.97</b> |      |

## Mark Rewijk

|       |         |         |
|-------|---------|---------|
| 200m  | 22.44   | (22.44) |
| 600m  | 59.57   | (37.13) |
| 1000m | 1:39.86 | (40.29) |
| 1400m | 2:21.51 | (41.65) |
| 1800m | 3:03.63 | (42.12) |
| 2200m | 3:45.71 | (42.08) |
| 2600m | 4:27.09 | (41.38) |
| 3000m | 5:08.31 | (41.22) |

## Jelle de Bock

|       |         |         |
|-------|---------|---------|
| 200m  | 22.06   | (22.06) |
| 600m  | 59.05   | (36.99) |
| 1000m | 1:39.93 | (40.88) |
| 1400m | 2:21.61 | (41.68) |
| 1800m | 3:03.68 | (42.07) |
| 2200m | 3:45.76 | (42.08) |
| 2600m | 4:27.53 | (41.77) |
| 3000m | 5:11.97 | (44.44) |